



DISASTER PLAN

THE BASICS

COOKING SUPPLIES

- Stove System or Stove
- Extra Propane Tanks/Bottles
- BBQ Box or Griddle (Optional)
- Cast Iron Skillet - 10" or 12"
- Matches
- Paper Towel
- Cooking Oil
- Plates, Utensils, Pot
- Non-Electric Can Opener
- Soap/ Hand Sanitizer
- Disinfecting Wipes

GENERAL

- Flashlights, Lamps, Candles
- Generator / Back up Power
- Portable Phone Charger
- Batteries - AAA, AA
- Mini Sewing Kit
- Hand Warmers / Fans
- NOAA Radio
- Books, Games, Etc.

CLOTHING + SLEEP

- Rain Gear - Boots, Jacket, Etc
- Cold Weather Gear / Hat, Gloves
- Tarp + Tent
- Extra Blankets + Pillows
- Sun Glasses / Sun Screen
- Change of Clothes
- Sturdy / Practical Shoes

FOOD + WATER

- 2 Week Supply of Food
- 1 Gal of Water Per Person Per Day
- Infant /Formula / Elderly Needs
- Non-Perishable Foods
Canned, Vacuum Sealed, Freeze Dried
- Sun Glasses / Sun Screen
- Water Filter / Filter Straw
- Sturdy / Practical Shoes

FIRST AID

- Band-aids, Gauze Pads + Med Tape
- Scissors
- Cotton Balls + Q-Tips
- Pain Relievers + Medications
- Thermometer
- Antiseptic
- Petroleum Jelly
- Moistening Towelettes
- Safety Pins
- Instant Cold Pack
- Disposable Gloves

MISC

- Pet Supplies + Food
- Maps + Compass
- Feminine Products
- Medication
- Documents
Insurance Cards, ID, SS Cards, Birth Cert, Credit Card, Cash