DUTCH OVEN COOKING Guide

Great ideas, tips and recipes for Dutch Oven cooking
Cooking with Charcoal

Some recipes require you to use heat on the top. When they do, the best way to start charcoal is with the Charcoal Lighter Basket, (model CLB-9). This is the fastest and easiest way to light charcoal. You simply put your charcoal in the basket and place it over your lit Camp Chef burner. Your coals are ready in minutes. When the coals are mostly grey in color they are ready to use. Using coals that are not ready will increase your cooking time. You will need tongs to arrange your charcoal on or under your Dutch oven. Place the coals in a circular pattern under the edges to give you the most even heat.

Charcoal Distribution

The "plus 4, minus 4" rule is a good rule to get your charcoal distribution going. This means the size of your Dutch oven in inches plus 4 charcoals on top heat and the size of your Dutch oven minus 4 charcoals for bottom heat. (12 inch oven + 4 = 16 on top, -4 = 8 on the bottom).

When cooking with charcoal most ovens require the bottom charcoal placement to be in a circular pattern (except for a 16-inch oven, this should be a checkerboard pattern.) For the lid of the oven, the charcoal should be evenly spaced around the rim in a circular pattern and a smaller circular pattern around the handle.

When charcoals are in place, you may want to rotate the oven clockwise and the lid counter clockwise a quarter of a turn periodically. This helps create a more evenly heated cooking condition. For the bottom, do not place the charcoals directly in the center. The heat from the outside radiates inward, making it so there is no need for a center briquette.

Don't be afraid to move your charcoal around if needed. If there is a place that is not cooking correctly or rising evenly, move some heat to it. Or if one area is cooking or rising to fast, remove heat from that area.

For more information on Cast Iron Products go to www.CampChef.com
Cast Iron Cooking Information

Alternate Cooking Method
By diverting, trapping, and circulating heat, the Dutch Oven Dome creates a convection oven for your cast iron. The combination of the included Heat Diffuser and the Dutch Oven Dome provides the most effective heat distribution method for cooking with a Dutch oven. By cooking on a gas stove you can also reduce or eliminate the cost and mess of charcoal. This also allows you to cook with a Dutch oven during fire restrictions when fire or charcoal are not allowed.

Maintaining the Seasoning
Camp Chef Cast Iron comes Pre Seasoned and ready to cook out of the box. Follow these simple instructions to care for and maintain your cast iron cookware.

1. Let the cast iron cool. Wipe any remaining food out of the oven. Using really warm water, wash all surfaces thoroughly. Be sure to rinse and dry completely. (Note: Citrus-based soap can remove the seasoning of your cast iron if you don’t restore it after cleaning.) Camp Chef sells a wonderful simple tool called a Pan Scraper. The Pan Scraper is excellent for helping stubborn baked on food without damaging your cast iron’s seasoned finish. Each corner of the pan scraper has a different curve allowing you to clean every corner of your oven.

2. After each use, apply a small amount of Camp Chef Cast Iron Conditioner, and thinly coat all surfaces of the cast iron. This will keep your cast iron black – continuing to build the finish called a “patina.” This enhances your cast iron by creating a glass-like finish, giving it a natural non-stick surface.

3. If your cast iron becomes dull and dry looking (often caused by cooking acidic based food), add an extra coating of Camp Chef Conditioner. Place the oven in a direct heat source upside down and heat to 400 degrees. Cookware will smoke as the seasoning bakes in. As smoking begins to slow, remove from heat. Use or let cool and store.
Store your cookware in a dry, clean area with a light coating of Cast Iron Conditioner. Your cast iron will be ready for use the next time you retrieve it. Avoid any locations with widely fluctuating temperature conditions.

Essential Gear for Dutch Oven Cooking
The right tools always make Dutch oven cooking easier. Here are a few tools that we suggest for your Dutch oven cooking.

The Charcoal Lighter Basket
As mentioned before the Charcoal Lighter Basket is essential if you are going to be doing your Dutch oven cooking with charcoal. The Charcoal Lighter Basket is the quickest and easiest way to get coals hot.

Lid Lifter
The Camp Chef Lid Lifter is the perfect aid in picking up your dutch oven lid while you cook. It lifts the lid while keeping it level. It’s important to keep the lid level to avoid getting charcoal ash in the food.

Camp Table
The Camp Table is the perfect companion to any table top stove or Dutch oven. The camp tables elevate the Dutch ovens, allowing for easy preparation and serving.

Universal Carry Bag
Camp Chef’s Universal Carry Bag fits 10, 12, and 14 inch oven sizes to help you manage and protect your ovens.

Camp Table
High quality, heat resistant leather gloves. Attractive red and black styling with extra long sleeves to protect your wrists and forearms.
**Easy Breakfast**

**Ingredients**
- 12 eggs, beaten
- 1 small onion, diced
- 1 lb. ham diced
- Grated cheese
- 1 package frozen hash browns
- Salt, pepper & seasoning to taste

**Directions**
Season eggs to taste then cook eggs and ham in oiled Dutch oven stirring often to break up eggs. Remove eggs and ham from oven. Season hash browns and onion then cook with oil in Dutch oven until well browned. When the hash browns are done, layer eggs and ham over the top of the hash browns then cover with grated cheese. Cover and cook until eggs are hot and cheese is melted. You can also add green peppers or tomatoes to this dish to give it a little different flavor.

**Barbecued Beef Sandwich**

**Ingredients**
- 2 Tbsp. butter or margarine
- 1 Tbsp. Worcestershire sauce
- 1 1/2 lbs. round steak, sliced into thin strips
- 1 clove minced garlic
- 1/4 cup chili sauce
- 1 tsp. horseradish
- 1/4 cup lemon juice
- 1/4 tsp. red pepper
- 2 Tbsp. brown sugar
- 1 1/2 Tbsp. cornstarch
- 1/2 tsp. salt
- 6 slices cheddar cheese
- 1/4 tsp. paprika
- 6 hoagie or steak sandwich buns

**Directions**
Brown steak with margarine in Dutch oven on medium heat until no longer pink. Mix the cornstarch with half of the beef broth and set aside to add later. Turn the heat to low and add the remaining ingredients to meat, cover and cook for 45 minutes to an hour, stirring occasionally. When the meat is tender, add the cornstarch and broth mixture cooking until thick. Butter inside of buns and grill on griddle until golden, top buns with meat and cheese and enjoy. Makes 6 sandwiches.

**Swiss Steak**

**Ingredients**
- 2 lbs. round steak cut into 2 inch wide strips
- 1 cup burgundy wine or beef stock
- 1 package dry onion soup mix
- Salt and Pepper
- 1 8 oz. can tomato sauce

**Directions**
Brown steak with a small amount of oil in Dutch oven. Mix rest of ingredients and pour over steak and simmer for 40 to 45 minutes until tender. Add more moisture if necessary. Serve over hot buttered noodles.

**Halibut Au Gratin**

**Ingredients**
- 4 lbs. thick sliced Halibut
- 6 cups milk
- 1/2 cup diced onion
- 1 lemon cut in wedges
- 1 1/2 lbs. round steak, sliced into thin strips
- 1 1/2 Tbsp. cornstarch
- 1 clove minced garlic
- 1/4 cup chili sauce
- 1/4 cup lemon juice
- 1/4 tsp. paprika
- 6 slices cooked & crumbled bacon
- 1/2 tsp. salt
- 1/2 tsp. pepper
- 1/2 cup diced onion
- 2 cups grated sharp cheddar cheese
- 1 1/2 tsp. salt
- 1 1/2 tsp. pepper

**Directions**
Heat 14” Dutch oven over medium heat. Make a white sauce by melting butter in Dutch oven, mix in flour, then slowly add milk to mixture and cook until thickened. Add diced onion and season with the salt and pepper. Remove half of the mixture from roaster and set aside. Add potatoes to Dutch oven and mix with white sauce that is left in roaster. Lay halibut filelets on top of potatoes and squeeze a small amount of lemon juice from wedges over the top of fish. Cover with remaining white sauce then cheese and crumbled bacon. Cover Dutch oven and cook at 325°F for 45 minutes or on burner at low heat until fish is done, adding more milk if needed.

For more great tips, ideas and information go to [www.CampChef.com](http://www.CampChef.com)
Pork Tenderloin with Peach Glaze

**Ingredients**
- 2 lb. pork tenderloin
- 10 oz jar of peach preserves
- 3 Tbsp. vinegar
- 1 cup chicken broth
- 1 Tbsp. minced garlic
- Salt and Pepper to taste

**Directions**
In Dutch oven brown tenderloin, seasoned with salt and pepper. Cook until well browned on all sides. Mix the rest of the ingredients together than pour over tenderloin. Cover and simmer on low heat for about 1 hour turning occasionally adding more broth if necessary. Cook until internal temperature is 155°F. Slice and serve with left over sauce from oven. Serves 8.

Baked Salmon with Lemon

**Ingredients**
- 1 large salmon filet
- 1/2 cup real butter cut into slices
- 1 tsp. Lemon pepper
- 1 tsp. garlic powder
- 1 lemon, sliced
- 1 tsp. salt
- 1/2 cup water

**Directions**
Lay salmon filet skin side down on bottom of 14” Dutch oven, pour water over salmon then season with salt, lemon pepper and garlic powder. Lay slices of butter on top of fish then lemon slices on top of butter. Cover tightly with lid and cook at medium heat for 20 to 30 minutes of until fish flakes easily. Serve with lemon wedges.

Enchilada Casserole

**Ingredients**
- 1 lb. hamburger
- 8 large flour tortillas
- 1 onion chopped
- 2 cups cheese grated
- Sour cream, for garnish
- 2 cans enchilada sauce
- 1 can refried beans
- 2 8 oz cans tomato sauce
- Salt, pepper & garlic powder

**Directions**
Mix the enchilada sauce and tomato sauce in medium size bowl and set aside. Season the hamburger and onion with salt, pepper and garlic powder then brown in a Dutch oven over medium heat. Remove meat from Dutch oven and drain grease. Mix meat with 1 cup of the enchilada sauce mixture in a separate container. Add 1/4 cup enchilada sauce to the bottom of the Dutch oven and place 2 tortillas over the sauce. Top with additional 1/4 cup of sauce and 1/2 of the meat mixture. Top with 2 more tortillas and another 1/4 cup sauce. Spoon on the refried beans and 1/2 of the cheese. Top with 2 more tortillas and another 1/4 cup of the sauce. Add the rest of the meat mixture and 2 more tortillas. Finish off with the rest of the sauce and cheese. Turn burner on low and cook for 15 to 25 minutes or until the cheese is melted and casserole is bubbly. Slice and serve. Top with sour cream.

Orange Chicken

**Ingredients**
- 2 lbs boneless, skinless chicken, cut into chunks
- 1/3 cup cornstarch
- 1/2 cup frozen orange juice concentrate
- 1 tsp. minced garlic
- 1 tsp. red pepper flakes
- Cooking white rice
- 1/2 cup water

**Directions**
Toss chicken pieces in cornstarch until covered. Heat a small amount of oil in Dutch oven over medium heat, add chicken chunks and cook until well browned. Mix water and cornstarch together and set aside. Mix rest of ingredients together then pour over the chicken. Cook for about 10 minutes, stirring occasionally. After 10 minutes stir in the cornstarch mixture the cook just long enough for the cornstarch to thicken. Serve over rice. Serves 6.
Dutch Oven Potatoes
There is no exact measurement on this recipe. It all depends on how many people you are cooking for.

**Ingredients**
- Butter
- Potatoes, sliced thin (with or without skins)
- Sliced onions, bacon and mushrooms (optional)
- Grated cheese
- Any kind of liquid (ex: a can of beer, pop or mushroom soup)
- Salt and pepper or your favorite seasoning

**Directions**
Cut bacon into 1 inch pieces and fry in Dutch oven until crisp. Remove bacon but leave grease in oven. Layer potatoes, onions, cheese, bacon, mushrooms, and spices then dot with butter. Keep repeating layers until oven is full. Pour liquid over the top. Cover and cook on medium to low burner for 35 to 45 minutes. Check often you may need to add more moisture. When potatoes are done sprinkle with another layer of cheese, cover and let cheese melt then serve.

Honey Cornbread

**Ingredients**
- 1 1/4 cups cornmeal
- 1/3 cup sugar
- 1 1/2 cups flour
- 1/2 Tbsp. baking soda
- 1 cup buttermilk or sour milk
- 1/2 tsp. salt
- 1/4 cup butter
- 1/4 cup honey
- 2 eggs
- 1 cup applesauce

**Directions**
Mix the flour and cornmeal until blended. In separate bowl cream sugar and butter. Add egg, salt and soda to butter and sugar then beat until fluffy. Mix in buttermilk and honey, and then add cornmeal and flour. Stir until moistened. Do not over mix. Pour into a Dutch oven. Place 18-20 hot charcoal coals on lid of Dutch oven. Cook for 10 minutes with the burner at low heat. Remove from burner and cook with just the coals on the lid for 10 to 15 minutes more. Check often and rotate the lid while cooking.

Buffalo Chicken Dip

**Ingredients**
- 2 cups of cooked chicken
- 1 box of cream cheese, softened
- 1/2 cup melted butter
- 1 cup mayo, mixed with dry ranch dressing packet
- 1/4 cup vinegar based red pepper sauce
- 1 1/2 cups grated cheddar & montery jack
- Buttery crackers or crusty bread

**Directions**
In mixing bowl blend melted butter, mayo mixture, cream cheese and red pepper sauce to taste, mix until well blended. Stir in cheese and then chicken. Place in Dutch oven and cook uncovered over medium heat for about 8 to 10 minutes or until cheese is melted and chicken is heated through, stirring if necessary. Serve with buttery crackers or crusty bread. Serves 4 to 6.

Sour Cream and Chive Biscuits

**Ingredients**
- 2 cups ready biscuit mix
- 1 tsp. sugar
- 1/2 cup sour cream
- Milk
- 2 Tbsp. dried chives

**Directions**
Mix the first four ingredients together, and then add enough milk to make a very stiff batter. Drop by spoonful into well oiled Dutch oven. Place 18 to 20 hot charcoal coals on lid of Dutch oven. Turn burner at very low heat and cook for 8 to 10 minutes. Remove from burner and cook with coals only for 5 to 10 minutes more. Rotate lid while cooking. Check often.
Cherry Soda Cobbler

**Ingredients**
- 2 large cans cherry pie filling
- 1 can lemon lime soda
- 1 yellow cake mix
- Whipped cream

**Directions**
Oil the bottom of Dutch oven and heat over medium heat. Remove from heat and add pie filling spreading evenly on bottom. Sprinkle dry cake mix on top of filling. Gently pour a can of lemon lime soda on top of cake mix. Use a wooden spoon to calm the foam. Cover and cook with 17 to 20 hot charcoal coals on lid of Dutch oven and burner on low heat. Cook for 10 to 15 minutes, remove from burner and cook 15-25 minutes with coals only on top. Rotate lid and check often.

Apple Crisp

**Ingredients**
- 2 large cans apple pie filling
- 1 tsp cinnamon
- 2 cups oatmeal
- 1/2 cup melted butter
- 1/2 cup brown sugar
- 1 Tbsp. flour
- 1/2 cup white sugar

**Directions**
Pour the pie filling into the bottom of an oiled Dutch oven. Mix all of the rest of the ingredients and sprinkle on top. Turn burner to low and place 15 to 18 hot charcoal coals on lid of Dutch oven. Cook for 10 to 15 minutes then remove from burner and cook with coals only on top for 10 minutes more. Rotate lid and check often.